

Trauma-Informed Care: Paradigm Shift in Healthcare Promotional

You **MUST print this for Continuing Education purposes and keep with your certificate of completion.

Requirements:

For successful completion of this educational activity and receipt of 1.0 contact hour(s), the learner must:

1. Participate in 60 minutes of continuous learning.
2. Complete a quiz with a minimum score of 85%.
3. Complete an evaluation form.

Educational activity description:

In 2019, The Centers for Medicaid and Medicare Services are requiring the integration of trauma-informed care (TIC) into long-term care facilities. This presentation will provide participants with a clear understanding of the TIC perspective and applicable TIC strategies. Participants will engage in an educational and experiential learning format to enhance their connection to TIC practice.

Target audience:

The target audience for this educational activity is nurses and nursing home administrators in the long-term care setting and other interested nurses. This is an intermediate level educational activity.

Purpose:

The purpose of this educational activity is to enable the learner to understand trauma informed care.

Learning outcome:

At the completion of this educational activity, the learner will demonstrate knowledge about trauma informed care by passing a quiz with a score of 85% or greater accuracy.

Learning objectives:

At the completion of this educational activity, the learner will be able to:

1. Identify three (3) healthcare providers who are responsible for TIC application.
2. State three (3) ways to create safe and compassionate interactions with others.
3. List three (3) examples of big “T” and/or little “t” traumatic experiences that can occur across one’s lifetime.

Author:

Ashley Swinson, MSW, LCSW, Certified Therapist in EMDR

is the Founder of TIDE Associates, a private practice that specializes in trauma-informed services, and she is the Co-Founder of the Provider Sustainability Program Collaborative in Wilmington, NC. Her clinical expertise includes the treatment of dually-diagnosed eating disorders and trauma disorders, traumatic grief, dissociation, secondary traumatic stress among professionals, and provider sustainability; notably, she has become a national speaker on these respective topics. Ashley has developed trauma-based group curriculums for outpatient and intensive outpatient facilities, and she works closely with the Wilmington community providing clinical supervision to professionals, as well as customized workshops for agencies to improve organizational health and wellness. She holds an adjunct faculty position with the Department of Social Work at the University of North Carolina at Wilmington and facilitates professional trainings through the university on the topics of social work ethics, supervision, and provider sustainability.

Planning committee:

Judy Hoff, RN, BSN, MA, PhD
Ashley Swinson, MSW, LCSW, Certified Therapist in EMDR
Linda Shubert, MSN, RN

ANCC continuing education information:

Healthcare Academy is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

ANCC disclosure and program information:

Participants will be required to complete the entire educational activity, quiz, and evaluation form. There will be no endorsements of products or off-label use.

Disclosures for planning committee Judy Hoff, RN, BSN, MA, PhD, Linda Shubert, MSN, RN, and Ashley Swinson, MSW, LCSW, Certified Therapist in EMDR have no relevant relationships and no conflicts of interest.

EXPIRATION: The expiration date for this educational activity is March 31, 2023. No contact hours will be awarded to participants who fail to submit evaluation forms. Please contact Healthcare Academy with questions.

NAB/NCERS:

This program has been approved for Continuing Education for 1.25 total participant hours by NAB/NCERS— Approval #20200323-1.25-A53805-DL.